

Friday Schedule

Where Seminar takes place	Friday - Time of Seminar	Presenter	Topic of Seminar
Grass area behind gym	9am - 10am	Tim Dando and G.Mattson	Sanchin essentials & Konlin Breathing drills
Gym - #1 dojo	10am - 10:30am	Harry Skeffington	See Newsletter for details
Grass area behind gym	10am - Noon	Gushi Sensei & Assistants	Okinawa Kobudo (Newsletter)
Gym - #1 dojo	10:30am - 11am	Cecelia	Creative Kyu kumite (see Newsletter)
Gym - #1 dojo	11am - Noon	Roy Bedard	Part 2 Summerfest Seminar (see newsletter)
Pizza & Salad	Served at gym		
Gym - #1 dojo	1pm- 1:30om	George Mattson	Sanchin "Templates" discussion (newsletter)
Gym - #1 dojo	1:30pm - 2pm	Buzz & Judy	Correct body conditioning
Gym - #1 dojo	2pm - 2:30pm	John Spencer	Secrets of Bunkai - What to emphasize
Gym - #1 dojo	2:30pm - 3pm	Lee Adams	Exploring your Uechi-ryu (Newsletter)
Grass area behind gym	1pm - 3pm	GushiSensei & Assistants	Okinawa Kobudo
Grass area behind gym	1pm - 3pm	Darin Yee	China Weapon Study & Kunfu/Uechi relationship
Dojo 2 & 3	1pm - 3pm	George, Buzz, Allan	Individual Kata Review & Critique

We must clear out of Gym at 3pm but can continue to practice outside at the grass area.

Free time to visit sites of Mount Dora and surrounding area. 5pm-?pm-We are working on location.

Saturday Schedule

Where Seminar takes place	Time of Seminar	Presenter	Topic of Seminar
Gym Dojo #1	9am - 10am	Tim Dando & G.Mattson	Sanchin essentials & Kyu Kumite tips
Grass area behind gym	10am - Noon	Gushi & Assistants	Okinawa Kobudo
Gym Dojo #1	10am - 10:30am	Lee Adams	See Newsletter
Gym Dojo #1	10:30am - 11am	John Spencer	Understand purpose of bunkai
Gym Dojo #1	11am - 12noon	Roy Bedard	See Newsletter

Lunch at dojo	12-1pm		
Gym Dojo #1	1pm-1:30pm	Cecilia salbuchi and Greg Pos	Creative Kyu Kumite
Grass area behind gym	1pm-3pm	Gush Sensei	Okinawa Kobudo
Gym Dojo #1	1:30pm - 2pm	Buzz Durkin	Discussion - China trip - Uechi family visits -Questions
Dojo Section 2	2pm - 3pm	Test Board	1-5th dan testing

Free time to visit sites of Mount Dora and surrounding area. 5pm-?pm-We are working on location

Sunday Schedule

Where Seminar takes place	Time of Seminar	Presenter	Topic of Seminar
Gym Dojo #1	9am - 10am	Tim Dando & G.Mattson	Sanchin essentials & Dan Kumite tips
Grass area behind gym	10am - noon	Gushi Sensei & Assistants	Okinawa Kobudo
Gym Dojo #1	10am - noon	Roy Bedard	Self Defense Course - Roy's New Book program
Break for lunch - Restaurants next door			
Gym Dojo #1	1pm - 3pm	Senior Presenters	Time to cover whatever Participants wish!!!