



*Register through
Website:*

www.uechi-ryu.com

“Adding this program to your curriculum will increase the loyalty and retention of your students.”

Dave Young



Michelle Shepherd

Northcentral Technical College

RedMan Training

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“Realist Instructor” Certification

Location: Mount Dora, FL
Cost: 3-Days \$395.00
Date: March 26-28, 2007
Times: 8:00am to 6:00pm

This RedMan “Realist Instructor Certification” program is conducted in a three day format consisting of 10 hours per day. This special enhancement program was designed for martial artists of all styles who wish to participate in this new and exciting “Instructor Certification System (ICS) that is added to your current traditional or non-traditional training. This is sanctioned by the International Uechi-Ryu Karate Federation (IUKF), and South China Martial Arts Alliance (SCMAA). .

The first training session will cover the basic and advanced tactics and requirements for achieving your first realism stripe. Once your own students have successfully completed this additional training, and testing process, you can issue them our Realist Stripe. There are 5, twenty-four hours phases to complete before you are awarded your Realist Instructor Trainer Certification, and awarded a Realism Self Defense Diploma from Northcentral Technical College. Visit uechi-ryu.com for more details!

“Phase 1” Topics cover by not limited too:

- Controlling the distance & Grappling positions
- Stance/Balance/Movement (Standing)
- Falling by self and with partner
- Positioning (Personal Defense Zones)
- Tactical Combinations (Standing)
- Ground Stabilization
- Importance of verbalization
- Power & Skill Development
- Gear Selection
- Bag Drills and much more!