

Saturday Station Categories:

Station 1 – self-defense from Uechi kata

Station 2 – self-defense from other sources

Station 3 – kata core principles relating to self-defense

Station 4 – sparring basics – drills and techniques.

Station 5 – intermediate kata

Station 6 - Advance kata

Station 7 – traditional Okinawa weapons

Station 8 - Kyu and Dan Kumite

Station 9 - Uechi Ryu conditioning drills (and benefits)

Station 10– Self-defense "non physical" skills and expertise – mental, legal, emotional.

Note: 1-5 dan testing will be conducted Friday at 5PM - Pre applicants only

Lunch break - 11:30am- - 12:45PM

12:45—1PM—Class of 2014 Photo

MASTERS CEREMONY

Thanks to the IUKF Titles Committee for their work regarding
the awarding of Masters Titles,

*Title Certificates will be awarded, Saturday, August 3rd
at 7PM to the following individuals:*

David Hunt - Kyoshi (Two gold bars on belt)

Brian M. Stoia - Kyoshi (Two gold bars on belt)

Harvey W. Liebergott - Renshi (One gold bar on belt)

Marjorie G. Swift - Renshi (One gold bar on belt)

Masters ranks and certificates will be awarded to the following seniors, who will perform Sanchin, Seisan and Sanseiryu for their peers, guests and family:

Vincent Christiano - Hachidan (8th degree black belt)

Michael Hurney - Sichidan - (7th degree black belt)

Enrique Mitman - Rokudan - (6th degree black belt)

SPECIAL PRESENTATION:

The awarding of Judan (10th degree black belt) to Van Canna

Party in the Lounge following the Masters Ceremony